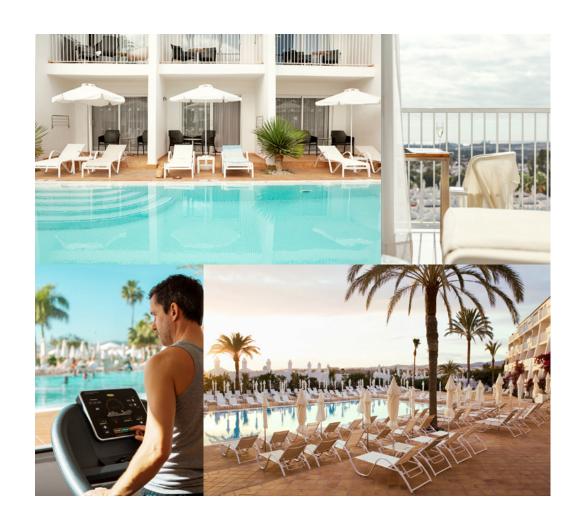


# The hotel

Sunprime Atlantic View offers plenty of exercise opportunities and is close to many of the best golf courses on the island.

The hotel has a large pool area with three heated pools. You can get to the beach with the hotel's bathing bus, which runs several times a day, but you can also walk.

Playa del Inglés which offers everything from restaurants to shops to nightclubs is within easy walking distance.



# **Sports & Training**

#### At the hotel:

- gym
- fitness room
- Yoga
- mapped, digital runs around the hotel
- bicycle rental at the hotel
- tennis court
- padel courts nearby
- hiking tours on the island
- close to the island's best golf courses
- SUP is available for rent in or near the hotel
- conference facilities

#### More information:

Music group training area: Yes
Portable music system: Yes



# **INDOOR GYM**

**SIZE:** 170 m<sup>2</sup>

A/C: Yes









# FITNES ROOM

The hotel uses the fitness room for group training classes every day. Other time slots are available, coordinate with the hotel schedule.

**SIZE:** 117 m<sup>2</sup>

A/C: Yes

**SUITABLE FOR:** 15–20 pers









# GROUP TRAINING OUTDOOR

*Tennis court* that can be used for group training sessions.

**SUITABLE FOR:** 60 pers.

Multicourt course

**SUITABLE FOR:** 40 pers **MUSIC ALLOWED:** Yes

These surfaces are well suited for group training. Check with the hotel as the hotel also uses the space for its own activities.



Multicourten



Tennisbanan



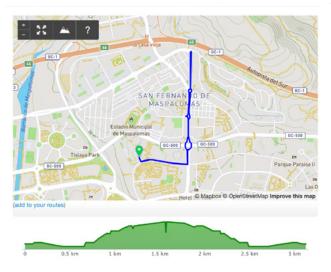
### **RUNNING**

In the surroundings of the hotel there are several good running laps, downloadable to Run-Keeper and MapMyRun and also to other apps that can import GPX files. Through cooperation with Lidingöloppet, you also have the opportunity to qualify for the Lidingöloppet weekend if you run at least 10 kilometers on one of the runs during your stay.

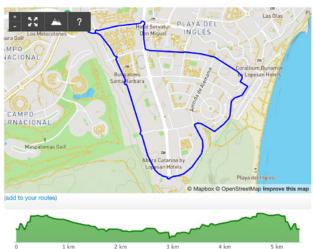
https://atlanticview.sunprime.net/ sports-fitness

https://www.wikiloc.com/

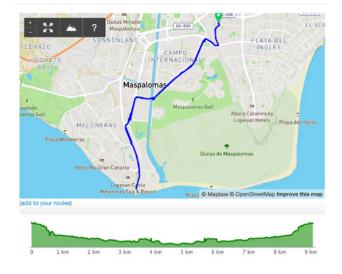
#### Sunprime Atlantic View 3.13km (1.94 mi)



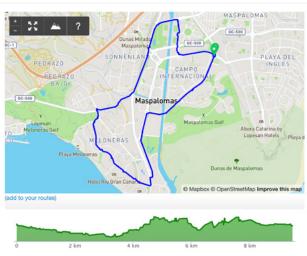
#### Sunprime Atlantic View 5.43km (3.37 mi)



#### Sunprime Atlantic View 9.07km (5.63 mi)



#### Sunprime Atlantic View 9.46km (5.88 mi)



# TENNIS/PADEL

The hotel has its own tennis court which is also illuminated in the evening.

Near the hotel there are 2 tennis/ padel facilities – Tenis Holycan and Conde Jackson.

https://www.tenisholycan.com/ https://www.condejackson.com







Conde Jackson



Conde Jackson



Holycan

### **CYCLING**

There is no bicycle garage, but bicycles can sometimes be stored in the hotel's luggage room or in the hotel room.

Rentals near the hotel – distance 1 km.

www.rentbikecanarias.com www.motoandbike.com

You can find recommended cycle tours here:
<a href="https://www.bikemap.net/">https://www.bikemap.net/</a>
en/c/187254/





#### Puerto Rico - Arguineguin - Maspalomas - Fataga - Mogan

Puerto Rico, Canary Islands, Spain

⇔ 96 km ↑ 1,546 m ↓ 1,507 m



#### Arguineguin - Soira - Mogan (use boat)

⇔ 62 km ↑ 988 m ↓ 997 m



#### Puerto Rico - Playa del Inglés - Vecindario - Santa Lucia - Fataga

 $\leftrightarrow$  110 km  $\uparrow$  1,212 m  $\downarrow$  1,205 m



#### South coast - Mogan - Anagua - San Bartolomé - Fatata - Maspalomas

Maspalomas, Canary Islands, Spain

 $\leftrightarrow$  137 km  $\uparrow$  2,964 m  $\downarrow$  2,963 m

### HIKING

All over Gran Canaria there are lots of hiking trails to choose from, from easy and simple to more tough and demanding.

A local guide is needed for all types of hikes.

#### Camino de la Plata

One of our most popular hike, a nice trail with varied nature and fantastic views. The Camino de la Plata is part of a network of paths that today exist all over Gran Canaria.

#### Teror

A pilgrimage to the charming and elevated village of Teror and the island's most visited church, La Basilica de Nuestra Señora de Pino.

#### The Red Canyon

An excursion along the south of Gran Canaria whith spectacular nature and history.

#### **Roque Nublo**

A walking tour high up in the mountains with with views in all directions, nature experiences and a walk through several of Gran Canaria's climate zones.

#### Las Lagunetas

A nice walk on Gran Canaria's northeast side passing a verdant ravine and impressive views of Las Palmas and its surroundings.



Camino de la Plata



Red Canyon



Las Lagunetas



Teror



Roque Nublo



### **GOLF**

Sunprime Atlantic View is located close near some of the island's best golf courses, for example:

#### **Anfi Tauro Golf**

Distance: 19 km

18-hole championship course and 9-hole loop. Suitable for both intermediate golfers and singles players.

#### Lopesan Meloneras Golf

Distance: 3 km

18-hole course with several of the holes along the Atlantic Ocean. The last nine holes are considered the best nine-hole loop on the island. Suitable for intermediate to professional golfers.

#### Salobre Golf & Resort

Distance: 12 km

Two 18-hole courses. The same professional service is enjoyed here as at a finer Country Club in the USA.

#### Greenfee365

It is easy to book start times before departure thanks to our collaboration with Greenfee365. Book tee times on a large number of golf courses around the world. Here you can book appointments regardless of whether you just want to play a couple of rounds during your trip or plan a golf trip.

https://greenfee365.com/



Lopesan Meloneras Golf



Salobre Golf



Anfi Tauro

# SUP

Paddle boards are available for rent at the beach near the hotel.









# **POOL**

Three heated outdoor pools. Some of the hotel's suites have direct access to the pool. The hotel plays background music at the pool area.

**POOL TYPE:** 3 otdoor pools

**SIZE:** 239 m<sup>2</sup>, 222 m<sup>2</sup>, 289 m<sup>2</sup>

WATER TYPE: Freshwater

**HEATED:** Yes, ca 25 degrees

(1/11-15/4).

SUITABLE FOR: 30 pers









### **BEACH**

The nearest beach is Playa del Inglés. The hotel offers free shuttle bus to the beach a couple of times in the morning, and in the afternoon. The first bus to the beach departs around 09.15 and the last bus back to the hotel departs around 17.30.

**DISTANCE:** 2 km









### **CONFERENCE**

#### **CONFERENCE ROOMS:**

2 (one is the fitness room)

ROOM A110

**SIZE:** 121 m<sup>2</sup>

**SUITABLE FOR:** 55–110 pers

A/C: Yes

Window: Yes

Internet:Yes

Whiteboard: No

Projektor: Yes

Screen: Yes

Sound system: Yes

#### FITNESS ROOM

**SIZE:** 117 m<sup>2</sup>

Window: Yes

A/C: Yes

Sound system: Yes

https://www.ving.se/media/27206/ lpasupr\_conference\_2021.pdf











### **ACCOMODATION**

Sunprime Atlantic View is located in popular Playa del Inglés, close to restaurants, shops and several of the island's golf courses.

#### SE

https://www.ving.se/kanarieoarna/gran-canaria/playa-del-ingles/sunprime-atlantic-view?hotelPush=accommodation

#### FI

https://www.tjareborg.fi/kanariansaaret/gran-canaria/playa-del-ingles/sunprime-atlantic-view?hotelPush=accommodation

#### NO

https://www.ving.no/kanarioyene/ gran-canaria/playa-del-ingles/ sunprime-atlantic-view?hotelPush=a ccommodation

#### DK

https://www.spies.dk/de-kanariske-oer/gran-canaria/playa-del-ingles/sunprime-atlantic-view?hotelPush=accommodation











